

Community Health Needs Assessment

Suicide Attempt Survivor Support Resources in Southeastern Pennsylvania

IMPLEMENTATION STRATEGY

- 1. Continue to raise awareness of suicide attempt survivor support needs: MCES has been the strongest advocate for post-attempt support resources at the county, regional, and state levels for more than 10 years and will stay that course.
- Distribute suicide prevention information pertinent to needs of suicide attempt survivors: MCES issued "Some Things to Know if You're Having Thoughts of Suicide" describing warning signs, triggers, sources of help in region and more. MCES will continue to assure the availability of this trifold.
- 3. Include information on suicide prevention in packets to be given to MCES inpatients at discharge: MCES has developed a "Post-discharge Suicide Prevention Tool Kit" for this purpose.
- 4. MCES will explore initiating a Suicide Prevention Group for inpatients: The MCES Allied Therapy Department participated in this needs study and will work with the MCES Suicide Prevention Committee to re-launch such a group.
- 5. MCES was an early implementer of Certified Peer Specialist (CPS) involvement in suicide prevention. MCES will update CPS educational materials and make them available to the CPS community for use in developing trainings for CPS roles in suicide prevention warm lines and peer-led suicide attempt survivor support groups.
- 6. MCES will ask the PA Department of Human Services and Prevent Suicide PA to collaborate on creation of a statewide web site for suicide attempt survivors.
- 7. MCES will request that the PA Department of Health and the PA Cost Containment Council explore approaches to capturing and reporting data on suicide attempts involving injuries treated in hospital emergency departments.
- 8. MCES will explore submitting a proposal to the National Center for Complex Social and Health Care Needs to do a Regional Convening on suicide attempt survivor support needs in 2022.